

Natural Help 4...

Senility



What is Senility?

Senility is defined as **the weakness or mental infirmity of old age**, and is associated with the deterioration of the body and mind. It is commonly referred to as dementia.

Different areas of the brain control different skills and abilities. When mental functions such as memory, language, orientation, or judgment deteriorate, this may be a direct result of the way dementia has affected the brain.

What Causes Senility?

Senility is caused by the **degeneration of the brain cells**. As a result, senility symptoms can include progressive loss of memory, poor judgment, impaired concentration, and confusion. Often, noticeable personality changes are signs of senility.

There are various diseases associated with senility, although not all of them are directly associated with advanced age. These **degenerative brain diseases** include Alzheimer's disease, vascular dementia, Parkinson's Disease, Huntington's Chorea, Creutzfeldt-Jakob, and Lewy body disease.

Alzheimer's disease is the most common form of senility, where people experience signs of senility or memory problems such as difficulty remembering past events (especially the more recent ones) as well as learning new things.

Other causes of senility include depression, poor nutrition, thyroid dysfunction, drug addiction, and alcoholism. Other less common conditions which may accompany senility include Wilson's disease, multiple sclerosis, amyotrophic lateral sclerosis, brain tumors, and AIDS dementia.

Diagnosing Senility

Properly diagnosing degenerative brain diseases like senility requires a professional screening and/or evaluation by a healthcare practitioner. However, senility is often associated with the aforementioned diseases and conditions. Signs of senility are typically recognizable by the sufferer or close family and friends.

Help for Senility

Generally, because it is a degenerative condition, **individuals suffering from**

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Never disregard professional medical advice or delay in seeking it because of something you have read in this ebook or on ANY website.

senility become progressively worse with time.

While some conditions cannot be cured, **early recognition can allow you to create a management plan** that will ensure the greatest quality of life for the greatest amount of time, while lessening common senility symptoms. A thorough examination and accurate diagnosis is necessary to create a successful management plan.

Medications can be prescribed to slow the progress of senility, age-related memory loss and other degenerative brain diseases, but success is often coupled with **unwanted side effects**, particularly in the elderly patient. Medication can also be used in conjunction with psychiatric or behavioral therapies.

Unlike prescription medications, alternative therapies like **natural remedies are virtually free of these unwanted side effects**, and are a welcome treatment option for managing senility symptoms. They also work well in combination with psychiatric or behavioral therapies.

A combination of **herbal and homeopathic remedies** such as Ginkgo (*Ginkgo biloba*), Hawthorn (*Crataegus oxycanthus*) Rosemary (*Rosmarinus officinalis*) and American Ginseng (*Panax quinquefolium*) can support the brain and mental health. They also can provide safe, effective relief.

Additionally, **proper nutrition, exercise, and positive lifestyle choices are important in sustaining mental clarity**. As we grow older, it is important to participate in stimulating activities, thus keeping our minds active and preventing common age-related memory loss.

And, never forget the importance of social interaction, good friends, and family relationships!

The Natural Approach

While Western medicine has become the norm in many cultures, it is not the only treatment option. Conventional western medicine, often called allopathic medicine, is the system of medicine taught at most medical schools and most pharmaceutical and synthetic medicines are manufactured and marketed according to the principles of allopathic medicine. Allopathic medicine is also sometimes called orthodox medicine.

Because most of us in the Western world have grown up in a society in which allopathic medicine is the prevailing norm, we forget that, only a few decades ago, homeopathic, herbal and other natural medicines were commonly available – and freely used even by conventional doctors. While there are often heated debates about which system of medicine is ‘better’ than the other, many responsible doctors (whether they are allopathic or not) recognize that both have a role to play in the treatment program.

Natural medicine has often been frowned on by conventional doctors, especially by those who did not have sufficient knowledge of these medicines. However, it is encouraging to note that some medical schools are now beginning to re-introduce it into their course work, thereby providing doctors with a wider range of treatment options from which to choose. In many countries, especially in Europe,



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**Michele Carelse, Clinical
Psychologist**



All of our natural remedies are formulated by our expert team of herbalists, naturopaths and homeopaths, and headed by Michele Carelse.

Michele has had years of experience in the manufacturing and use of natural remedies. In addition, she is a trained Clinical Psychologist and has been incorporating natural remedies into her treatment of patients with depression, anxiety, ADD, ADHD and stress for many years with spectacular results.

India and China, natural and homeopathic medicines are commonly prescribed by conventional doctors and represent a significant part of the total annual drug sales.

Naturopathy is a branch of medicine (just as allopathy is a branch of medicine) which operates according to the underlying philosophy that the body has an innate capacity to heal itself. While natural medicines are often called 'alternative' or 'complimentary' medicines, they are, in fact, a unique and independent form of medicine in their own right, well able to treat a variety of conditions. Perhaps the term 'holistic' medicine is more apt, given the broad range of treatment options and approaches which are to be found within the practice of natural medicine, which encompasses many different disciplines, including herbalism, homeopathy, iridology, osteopathy, chiropractic, therapeutic massage techniques, aromatherapy, acupuncture and many, many more.

Most naturopaths will use a variety of treatment modalities in order to treat their patients in a holistic way to support health, relieve symptoms and prevent future disease. In fact, even the World Health Organization defines health as being "... more than simply the absence of illness. It is the active state of physical, emotional, mental and social well-being." This is a wonderfully clear description of holistic or natural medicine, which strives to support health (thereby relieving or preventing symptoms), rather than simply eliminating disease.

Although allopathic medicine certainly has a role to play and has made a tremendous contribution to medical science during the past century, there is a growing perception that it is not the only answer and that, in many cases, holistic medicine can accomplish just as much, if not more – without the risk of side effects, addiction and sacrifice to health so commonly associated with pharmaceutical drugs. Contrary to common perception, and provided that they are manufactured in the correct way, natural medicines can work quickly and safely to promote healing.

In many cases, they can succeed where pharmaceutical drugs have failed. Despite frequent reports that they are 'unproven' and 'untested', the opposite is true. Natural medicines have a long history of usage and there is a wealth of empirical evidence to support their effectiveness and safety. In addition, active clinical research is carried out by many academic hospitals and universities to support the extensive traditional and empirical evidence behind natural medicines.

It is also important to know that, like any medicine, herbal and homeopathic medicines must be manufactured in the correct way, following acceptable procedures and manufacturing methods to ensure maximum effectiveness and safety. Due to the recent rise in popularity of natural remedies, many companies have sprung up to take advantage of the market. Unfortunately not all of them are equipped to manufacture to the correct standards, often resulting in a flood of inferior (and sometimes even unsafe) remedies onto the market – giving natural remedies a bad name.

Even some pharmaceutical companies have rushed to claim their market share by producing so-called 'standardized' extracts of herbs and offering these as superior to the tried and tested methods of naturopathic manufacturing. Nothing could be further from the truth. While 'standardized' extracts may offer benefit of easy consistency of dosage (and cheaper more efficient production lines), they have grave disadvantages. These include an increase in side effects as the medicines produced in this manner lose the natural protective properties of the herbs. In some cases, these side effects have proved fatal – as was seen in the liver toxicity

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associated with standardized extracts of kava kava, a herb previously safely used for generations without any known side effects.

Most naturopaths recommend what is called the Full Spectrum Method of extraction – which retains the benefits of ALL the active ingredients within the herb as opposed to isolating only one – thereby providing a more complete treatment as well as superior protection against side effects.

Whatever your choice, always choose wisely. Research what is best for you. If you have a chronic or life threatening condition, don't make changes without first discussing them with your doctor in order that your condition may be monitored. Well informed and supportive practitioners will support patients who want to take responsibility for their own health.

Related Natural Remedies:

MemoRise™: Supports healthy cognitive functioning including memory, concentration and attention span.

MemoRise is a 100% safe, non-addictive, herbal remedy for natural memory enhancement. Formulated by a clinical psychologist specifically for middle-aged adults or seniors, MemoRise can be used to **safely maintain mental health and systemic balance** in the brain and nervous system, without harmful side effects or stimulants.

MemoRise contains a selection of herbs known for their supportive function in **maintaining brain, nervous system, circulatory and mental health, and well-being**. The formula remains true to the full spectrum method of herbal extraction, ensuring the bioavailability and balance of all the active ingredients contained in the remedy.

This method of manufacturing also significantly reduces the likelihood of side effects and ensures that all active ingredients are in perfect balance – exactly as nature intended.

In combination with a healthy lifestyle, diet, and other memory techniques, MemoRise supports the healthy functioning of the brain and nervous system, thereby helping to **maintain memory health and optimum performance**. MemoRise provides support for routine information processing and retrieval, improved memory techniques, and helps reduce the common forgetfulness associated with an aging brain. MemoRise can be used consistently, without compromising health or risk of serious side effects.

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BrainTonic™: Aids in cognitive processes including concentration, memory and attentiveness.

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Tissue salts, also called cell salts or biochemic salts, are composed of **minerals that occur naturally at a cellular level** in our bodies and all organic matter on earth (plants, rocks, and soil).

There have been twelve essential tissue salts identified as important components of all body cells. Without these components, true health is not possible. Each tissue salt plays a different yet vital role in **maintaining cellular health in the organs and systems** of the body.

Ensuring the healthy functioning of all brain and nervous system cells **enhances the bioavailability of supplements, remedies, and even nutrients** in your diet.

Brain Tonic **maximizes all health efforts of the brain**, in addition to herbs and vitamins that promote mental focus in diet alone. And, because our tissue salts are naturally occurring in the body and manufactured to ensure safe, yet optimum potency, they are safe to use for all ages as well as during pregnancy.

[Learn more about Brain Tonic](#)

Read the testimonials for these quality products [here!](#)

herbal & homeopathic remedies:

1) All Native Remedies products are manufactured according to the highest pharmaceutical standards - using only the best quality raw ingredients from nature's medicine chest.

2) Native Remedies and our suppliers are registered with the FDA as accredited suppliers and manufacturers of health supplements. Our products are sold all over the world and are manufactured to strict international standards in a GMP accredited manufacturing plant.

3) All our remedies are manufactured in an FDA registered pharmaceutical facility under close supervision.

This includes formulation, acquiring and testing of raw ingredients as well as final manufacturing. This gives us the confidence to say that when you are buying a Native Remedies product, you are buying the safest and the best! We know what goes into our remedies - which is why we know what you will get out of them!

4) Manufacturing is done strictly according to the principles of GMP (Good Manufacturing Practice) and all raw ingredients undergo stringent testing before being approved by our registered manufacturing pharmacists.

5) We offer a free email [Ask Our Experts](#) service run by trained consultants ready to advise you on the best choice for your health.

6) We offer an unconditional [One Year Money Back Guarantee](#).



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